

Introduction to your How to become a model course

First of all I would like to thank you for ordering my How to become a model course. I know that you will be fully satisfied with the content contained herein.

In 2006 I have had the opportunity of not only growing as a model, but also taking on the responsibilities and enjoyments of becoming an agent and also a photographer. As you can imagine it has been a very fun and busy year!!!

By learning about photography and what goes on behind the scenes in a modeling agency I now understand this business very well. I know exactly what agents are looking for and why. I also know how to make sure that you make the best of every photo shoot you are on.

Through photographing models I have learned how to be a better model in front of the camera. Through being an agent I have learned how to truly give any agency what they really want to see.

Now I am about to pass this information on to you. With what you are about to learn you will truly understand everything you could ever need to know to get into this business. And in addition, if you are still a little confused in some areas, you can email me for help.

Before starting your course, I would like to add one last thought.

I will pre-warn some of you. It may seem like a lot to take in and may not seem to make sense, but trust me once you grasp this concept you be able to **BE, DO or HAVE ANYTHING YOU DESIRE.**

Ya, that's a pretty big deal, so I recommend reading on!!!

I feel that following is the biggest secret to success in anything...

And it is ***belief in ones self.*** I cannot stress how truly important it is to **believe in yourself.**

"Anything you want in life you can achieve.... All you need to do, is believe".

And belief in ones self, is all about confidence.

You see... to be a successful model, you must truly believe in yourself. You must have EXTREME self confidence.

It takes confidence to get signed with an agency... It takes **a lot more** confidence to actually get booked for modeling jobs... And it takes **EXTREME** confidence to be a star!

Realize that there are thousands and thousands of confident models out there, that have all been signed with an agency. And only a few hundred of them actually get booked for modeling jobs. And out that few hundred... only a select few actually become stars.

It is the battle of who has the most confidence!

Luckily...

The information you are about to learn right now, and in my course, is going to take you to **a whole new level of self confidence**. Once you are finished reading you will KNOW that you really can be a model and you will KNOW how to go about becoming one!

Most of you probably thought it was all about your looks... and it is in a way. But your looks change as your confidence changes. If you don't believe me then look in the mirror when you are extremely happy and confident and then look in the mirror when you feel very depressed. **You look like... what you feel like.**

That is why the prettiest girl in the world can go into an agency and not get signed! I have seen hundreds of hopeful models that could have made it, get turned down. They freeze with fear when they meet an agent. All of the sudden they stop being themselves. **They look like... what they feel like... AFRAID and WEAK!**

And fear is not attractive at all! Confidence on the other hand is 100% IRRESISTABLE!!!

A lot of you may have experienced this already. **I DID TOO!** I got turned down by nearly 30 agencies before I finally figured it out!

Before getting into the course you must understand the following principles:

If your mind tells you that you cannot, ***that does not mean that you cannot.***

That simply means that your mind ***thinks it cannot!*** That is a fear or belief. Any fear or belief is simply a thought that has been thought so many times that your brain has accepted it as true.

This is how our brain works. **Pretty simple huh??**

So what this means, is that any thoughts/beliefs you may have holding you back from your dreams... can easily be erased! Then you can get on with living your dreams! You can eliminate these blockages. When you say ***"I am going to be a model!"*** you should feel great and without any doubt what so ever.

Doubt is fear and fear is a crippling emotion. What most people don't realize is that FEAR is simply **False Evidence Appearing Real**. Fear and doubt are truly... figments of ***your...*** yes ***your...*** imagination. They are simply thoughts that you believe are real.

If you don't believe me, then why do you think everyone has different fears. Some people are afraid of dogs and some are not. Other people are afraid of the dark and others are not. Some people are afraid of letting their parents down and some are not. Some are afraid of public speaking and some are not. Some guys are afraid to get rejected by girls and some are not.

You see... we all have our own fears because we all have the freedom to think our own thoughts. Any fear that you have is simply your own thoughts!!!! In essence... you have **CHOSEN** to create all of your own fears!

If your fear were real, everyone else would share the same fear, would they not?!!!! Your fear is only real to you!

Makes sense doesn't it?

And now that you understand this you can start eliminating ALL of your fears! You don't need them! **They are useless!**

"Anything that does not feel good... is not good for you!!!" (Because joy is the fuel of success... Where there is no joy, there is no success)

Your fear became true, only because you thought that negative thought enough times that it became solid and true ***to you.*** You probably created the fear, from **YOUR PERCEPTION** of a certain event that happened in your life.

Perhaps you are afraid of dogs. Perhaps you are afraid because one time, when you were young, a dog bit you really hard and it hurt really badly.

So what happens is that your brain has created a link that associates dogs... with pain. Every time you see a dog, your brains says "**ahhhhhhhhhhhhhhhhh! Run away! I don't want to feel pain again!!! Dogs are bad!!! Ahhhhhhhhhhh!**".

Yet, strangely enough, everyone else that sees that same dog is not afraid of him... hmmmmmmmmmmmmmmmm, very interesting.

I think you get the point now!

HERE IS WHAT TO DO:

If you have any thoughts, fears or beliefs in your mind that say "you can't" do something... do the following. Create a positive statement that contradicts them! And repeat it **over and over and over and over and over again**. This is called an affirmation. Successful people all know this secret! And now, so do you!

Word your affirmation so that it is positive. This is what I mean....

We will use the fear of dogs for this example as well. A lot of people would make their statement: "**I am not afraid of dogs**".

That is focusing on the very thing you don't want to have. Instead make a statement like: "**I LOVE DOGS**".

I realize that this statement will seem almost hard to say at first... that is because your brain does not believe it yet, but trust me... it will.

Say and write down your affirmation every day. And really say it like you mean it. Imagine/visualize your dream in vivid detail. Feel the feelings of "Having it now" and remember them. What this does, is that it actually rewires your brain to believe the statement you are saying.

Each time you say your affirmation it will become stronger. Eventually it will become strong enough that it will replace your old belief. And once you do that... you will begin to see real miracles happen. Whatever your statement is, **WILL** come true... every time! No exceptions. You will begin to attract all that is needed.

That is why you are reading this write now. Because you believed enough in yourself that you went on a search for more information. Your search brought you to my website. And then you took the next step and are now reading this! Congratulations!!! You are on your way!

What if everyone laughs at me?

Anything that anyone says does not matter. Only what you say matters. If you want to be a model... Tell your self everyday that "I AM A MODEL" "I AM A MODEL" "I AM A MODEL".

NEVER say the words I CAN'T again.

Even if you don't believe it, only say **I CAN I CAN I CAN I CAN**. Eventually you will believe it. And once you truly believe you can do something... **YOU WILL DO IT**.

Trust me on this. This simple secret is the reason why I became a model and the reason I have been able to live my dreams! I do this every day for anything and everything I desire. If I don't believe I can do something I say *I can* until I believe it... **AND THEN I CAN DO IT!**

It has **NEVER EVER EVER EVER EVER** failed me and it **WILL NOT FAIL YOU!**

I also recommend keeping your dreams to yourself. Do not share them with your family and friends. You do not need to hear anyone elses weak reasons of why they think you can't do something. Find maybe one person who you trust to talk to. If you don't have that person, then email me.

As a part of this course you have email access to me. I will do my best to respond in a timely manner.

Lastly... let me leave you with a quote:

One of the greatest men of all time... Henry Ford, the man who invented the automobile (Cars, trucks, vans), said a statement that is more true than any statement I know.

He said "***Whether you think you can or you can't, either way you are right***".

Remember this and live by it and you **WILL** achieve anything you desire.

Have a most incredible and wonderful day and enjoy the rest of your How to become a model course!!!

Always dream **big!!!** People that don't dream **big** will never live **big!**

Yours truly, Jordan Sales